



Issue Number 156 May 2018

Barcoo Shire Community Newsletter

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May 2018 Weather Data

Average High Temp 26.2°

Highest Temp (03/05) 32.9°

Average Low Temp 11.7°

Lowest Temp (31/05) 4.4°

Average Rainfall 9.0mm

0.0mm

Sourced from www.bom.gov.au

May Rainfall Total

Technology and Innovation Workshop in Windorah



Daniel Johnsen, from RAPAD Longreach, visited Windorah to deliver a Technology and Innovation Workshop, on the 8th of May. Locals attending got a great deal out of the workshop, which covered sessions in Social Media, including Instagram and Facebook, for both individuals and businesses. Technology and Innovation Workshops have become extremely beneficial to more community members of the Barcoo Shire, since we now have mobile coverage, and many of us have missed the technology train, and so have a bit of catching up to do. Notwithstanding that technology is being used more each day everywhere.

Noticeably our older population haven't always relied on emails or social media as a method of communication, or committee members hadn't always been able to fully utilize the potential of creating flyers online and promoting their events via social media, so it was helpful to have Daniel's

knowledge and assistance in learning more about the different applications of Information Technology and to apply them in a workshop setting, and getting us a little more caught up and confident.

Council News

Grants Commission Visit

Council had a visit from representatives from the Grants Commission on 17th April where they gave a presentation to Councillors, senior staff, and for the interested public. Representatives from the Commission flew in to cover a circuit of the local regional councils, providing an overview and information on grants and funding.



From left to right: Cr Peter Batt, Mr Peter Fletcher (Senior Project Officer, DLGRMA Secretariat), Michael Parker (CEO), Donna Stewart (Grants Commission member), Brendan McNamara (Grants Commission member), Mayor Bruce Scott & Cr Dianne Pidgeon.

Council Construction Crews

Ronnie Rayment's Crew

This crew are presently working on Pave and seal on the Windorah - Bedourie Road near Morney Plains. They will be sealing half of the section on the 16th June and the other section will be sealed after 30th June.

Tom Elliott/Brian Egan Crew

This crew have also been working on the Windorah - Bedourie Road near Morney Plains constructing Box Culverts on the same section.

Jason Bielby's Crew

Working on flood damage on the Connemara/Tonkoro area and are now on the Jundah -Longreach Road doing the shoulders near the northern Stonehenge access road. On completion they will then



move onto the Retreat - Yaraka Road working on flood damage.

Maintenance Graders

Peter Scott has been working on the Stonehenge - Warbreccan Road working towards Stonehenge with a maintenance grade.

Bruce Dern is on the Jundah - Windorah River Road also doing a maintenance grade.

Windorah Fire Service Workshop

On the 18th, 19th and 20th of May, Windorah RFS and SES members attended pre-requisite training with Rowan "Boof" O'Donoghue of QFES.

It was a productive 3 days, although a lot of us felt like we were back in school! We had a turnout of 7 available members, both new and current. The interaction was great and it was good to see everyone striving to improve as an individual and as a team. Over the course of the 3 days, members refreshed on and completed basic firefighting, remote structure and grass fires, and also touched on Road Crash Rescue and

Chemical Fires and Spills.



As volunteer emergency services (RFS and SES) start to merge under Qld Fire and Emergency Services, our members are utilized across a wider range of areas to assist our professionals in the field. SES and RFS

volunteer members are often the first to arrive on scene, particularly in our remote areas, and their local

knowledge is invaluable, each year helping to save lives and property across Australia.

Many thanks to Boof for making the course thorough and fun! A reminder to all, that being a member does not always mean that you only attend fires or accidents, we always need someone to make a cuppa and a sandwich, man the radio or do a bit of book work. If you would like to become a member, contact either George Gorringe in Windorah or Bill Pitman in Jundah, and they will be more than happy to assist you.





Date Claimer:

125th Jubilee of St Brigid's Catholic Parish, Longreach Saturday 18th August 2018 Mass at 5pm followed by celebration dinner

RSVP: jo.137@bigpond.com Ph: 4658 1313

Jundah Social Sports Club Inc. Attention Gym and Club Members

Membership is now well overdue. If you haven't renewed your membership and wish to do so please forward your fee to any of the Executives below.

Doreen Pitman - President Roisin Wada - Secretary Linnea Olsson - Treasurer

Annual Subscription:
Sports Club & Gym Membership \$50
Club Membership only \$5
Gym Membership only \$55

If you no longer wish to be a member of the gym can you please return your key to the Jundah Information Centre.

Jundah State School News



Brendan Smith, the Assistant Regional Director visited the school on Thursday the 3rd of May. He presented the Star of the Week on Parade and spoke with the students and the staff.

Peta Mason (Geiger) started athletics training with the students in week 3. So far, the Thursday afternoon sessions have seen the students practice their long jump, shot put and high jump. All the students have been training very hard for the Barcoo Sports Carnival on 15th June 2018.

NAPLAN was completed by the Year 3 students from Tuesday the 15th of May to Thursday the 17th of May. All three students worked very hard on their tests. We look forward to seeing their results!

This year, Jundah State School will be participating in the Premiers Reading Challenge. The initiative is a state wide program that includes children from Prep through to Year 9.

The aim of the program is improve literacy by encouraging students to engage in reading for both learning and pleasure. The challenge will run from the **14th May to 24th August 2018**. To complete the challenge students must read the prescribed number of books at their reading level.

- · Prep to Year 2 must read or engage with 20 books;
- · Years 3 and 4 must read 20 books; and
- · Year 5 and 6 must read 15 books.

Each student will need to record their reading achievements on a reading record form. This will be returned at the end of the challenge so the students can receive their certificate of completion from the Premier.

Under 8's Week was kicked off on Monday 21st May with a fun morning in the park. The theme for Under 8's week this year was children exploring language and culture.



The Kindy students have recently been exploring "winter". This has involved learning about how the weather has changed and what this means for the environment.

On Wednesday the 23rd May, Dr. Christopher Dann and his wife Bev visited the school. The Principals from Windorah and Stonehenge were also in Jundah State School to work together with Dr. Dann. We worked on the curriculum and the Teaching of Technology. This was a very hands on practical day, with a total integration of the curriculum. Matthew Letts was the DRT at the school for the day so the teachers could work with Dr. Dann.

Miss Rivers, who is our amazing Kindy teacher aide will be taking some time off. We wish her well in all her future endeavours and thank her for all the fabulous work she has contributed to the school, especially to the Kindy. Miss Rivers will finish at the end of week 6.

The students have been enjoying a walk to the park and play on the playground whilst enjoying an ice-cream on Friday afternoons. The relaxing afternoon is a treat for the students after completing their homework for the week.

Yours in learning.

Chris Volker

Windorah Police Station

Keeping Firearms Secure

Given the influx of people passing through the Windorah Police Division, it is timely to remind firearms holders of their responsibility to ensure the security of firearms. Section 60 of the Weapons Act 1990 outlines a person who possesses a firearm must take all reasonable precautions to ensure; its safe storage, that it is not stolen or lost and that it does not come into the possession of a person who is not authorised to possess the firearm.

Penalties of up to a \$10 000 fine or 2 years imprisonment apply under section 60 of the Weapons Act 1990. A conviction for a weapons offence is a disqualifying offence for holding a firearm for 5 years.

The following information outlines the minimum requirements for safe storage as outlined in the Weapons Regulation 2016.

• The container must be of rigid structure made of either solid steel or solid timber.

Rigid structure refers to the strength of the container and the use of reasonable force to the sides or top of the container should not result in deflections of the panel of the container. The term solid, requires that the container panels are continuous (ie without venting holes or perforation).

 The container must be either steel or solid timber (chipboard, mdf and particle board are not compliant). If the container weighs less than 150kgs, it must be securely fixed to the frame or floor of a permanent building.

- The container must have a sturdy combination lock, keyed lock keyed padlock.
- The container must be locked other than to access it
- Firearms must be unloaded and the bolt removed or action broken for storage.
- Ammunition must be stored separately in a secured container

 For any issues please contact either Weapons Licence Branch on (07)
 30157777 or your local Police Station.

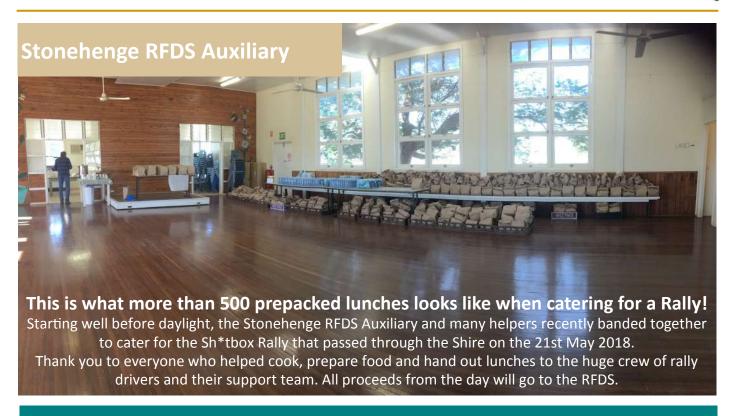
S/C R. EDWARDS Windorah Police Phone: 4656 3133





SAFETY

FIRST



Community Notices



Please join us for the

Barcoo Beef Challenge Awards Dinner

Saturday 23 June 2018 - commencing at 5pm at the Western Star Hotel Windorah

Guest Speaker: Mr Ian McLean - Bush Agribusiness

Presentation of Specific Analysis on the Australian Beef Report and Feedback on the Barcoo Beef Challenge

Cost \$33 per person

Please RSVP to Andrew Miller 0428437975 or Sue George 0427586114 by June 16th 2018.

Thank you to our generous sponsors

Barcoo Shire Council Community Drought Funding, Allflex, Elders Quilpie, GDL Quilpie & Landmark Longreach



Health Information & Visits

The latest information from the Jundah Primary Health Clinic

Phone: 4658 6500

Email: jundah.primaryhealthcentre@health.qld.gov.au

- North West Remote Health (NWRH) allied health professionals including dietician, podiatrist & exercise physiologist will be here on June 6 & 7 2018.
- NWRH allied health professionals physiotherapist, diabetic educator, speech therapist, continence advisor & aboriginal health practitioners will be here for 1 day during the week starting June 11th 2018. Contact the Clinic to arrange a referral & appointment
- Women's Health Nurse will be here June 26. Contact the Clinic to see Della.
- RFDS the June skin clinic is full. GP type services are available June 5 & 19
- Influenza vaccinations are available at the clinic during normal operational hours of Monday to Friday 9am 12noon & 2pm 4 pm.





North and West Remote Health

North and West Remote Health are planning to conduct clinics at

Stonehenge

on Tuesday 12/06/2018

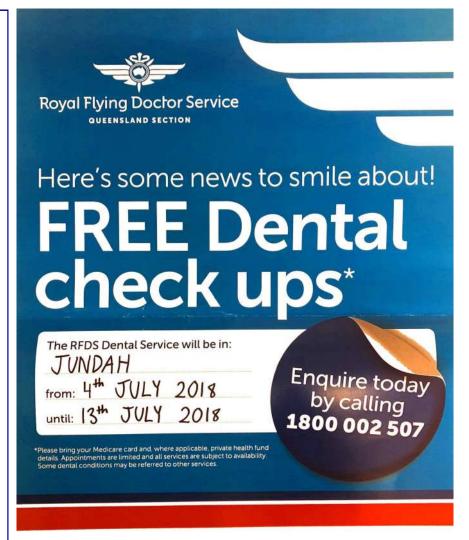
Visiting services include:

Physiotherapist
Aboriginal Health Practitioners
Speech Pathologist
Continence Advisor
Diabetes Educator

Book an appointment today:

Phone: 4652 7100

Email: Leonie.Ryan@nwrh.com.au











flyingdoctor.org.au/qld/dental

The Flying Doctor acknowledges the support of the QCoal Group, QCoal Foundation and the Australian Government in establishing the dental service in 2013.

Community Notice

DATE: 3rd May 2018



NOTICE TO PENSIONERS

Do you receive a subsidy for the payment of your RATES?

The Queensland Government's Pension Rate Subsidy Scheme provides equal to 20 per cent (up to a maximum of \$200.00 each year) of the gross rates and charges levied by a local government.

To be eligible you must be:

- A holder of an eligible pension card.
- The owner or life tenant* of the property which is your principle place of residence.
- Legally responsible for the payment of local government rates and charges levied on that property.

*A life tenancy can be created only by a valid will and is effective only after the death of the property owner, or by a Supreme or Family Court order.

The property must be located in Queensland and the subsidy is allowed on only <u>one</u> property at a time. In addition to the state subsidy Barcoo Shire Council also offers a remission.

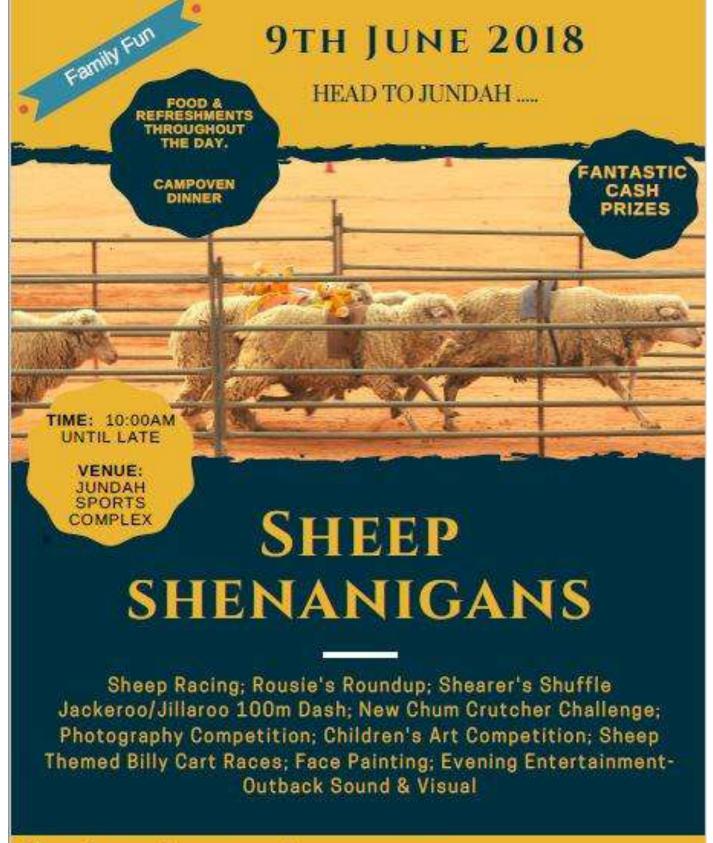
Pensioners who apply in the prescribed manner and are eligible, will be granted a 50 per cent remission on all rates and charges to a maximum \$750.00 per year.

Remission will only be granted to Categories 1, 2 & 3 (townships of Jundah, Windorah and Stonehenge).

For further information and application forms please contact:

Roni Harris (Rates Officer) - Phone: (07) 4658 6914 - Email: RoniH@Barcoo.com.au

Michael Parker
Chief Executive Officer



Thank you to our major sponsors.







For further information phone 07 46586930 or email sheepshenangans4736eamail.com

JUNDAH PROGRESS ASSN INC – PHOTOGRAPHY COMPETITION

"Sheep Industry within Barcoo Shire- Past and Present"

This form must be submitted with your entry fee of \$10 / Adult . \$5/Child (under 13 years) to: Jess Fitzgerald, "Carella" Stn, Jundah or Doreen Pitman C/- Jundah Information Centre, 11 Dickson Street, Jundah Qld 4736.

This entitles the applicant to email **2 photos** in jpeg format per entry fee to: sheepshenanigans4736@gmail.com You can enter as many times as you wish and photos can be entered in Sepia, Black & White or Colour. The choice is yours. Entries close Thursday 7th June 2018.

I hereby understand that the photos entered into the competition may be publicly exhibited, used in print or electronic media.

Entrant's Details:	
Name:	Phone No:
Address:	
Age (if under 15yrs)	
Parent/Guardian's	
Signature:	Entrant's Signature:

NOTE: If you feature people in your photographs, these people need to sign this form.

I hereby give permission for my image, as depicted in the photograph taken by Photographer's name above, to be entered in the Jundah Progress Assn Inc's Photography Competition: "Sheep Industry within Barcoo Shire – Past and Present".

I understand it may be publicly exhibited, used in print or electronic media, or sold.

Print Subject's Name	Subject's Signature	Date



WINDORAH

HORSE & MOTORBIKE

GYMKHANA

STOCKMAN'S CHALLENGE

BRONCO BRANDING

14TH & 15TH JULY 2018



EXERCISE RIGHT WEEK

What is your motivation to move?

Tips to get more movement in your day by the Accredited Exercise Physiologist

What is an Exercise Physiologist?

An Accredited Exercise Physiologist (AEP) specializes in exercise and movement for the prevention and management of chronic diseases and injuries, improving quality of life and activities of daily living for conditions including but not limited to:

- obesity
- o cardiovascular disease
- o diabetes
- o osteoporosis and arthritis
- o mental health conditions
- o cancer and cancer treatment recovery
- chronic pain and fatigue
- neuromuscular exercise therapy (multiple sclerosis, cerebral palsy, Parkinson's disease)
- o pulmonary disease
- 6 falls prevention and many more



You want to move more but don't have time?

A few tips to get more movement into your day:

- 1) Park further away from the shops/ work
- 2) Stretch whilst watching TV
- 3) Get up each hour to fill your water bottle
- 4) Walk to the end of your backyard each morning,
- 5) Breathe in the fresh air
- 6) Do 10 squats/ sit to stands after each meal

Always Remember!

It is important to look after your body. So if you experience any pain or discomfort while performing any type of physical activity, it is recommended you seek advice from a doctor or an Exercise Physiologist to discuss these concerns.

If you have any questions or concerns, please call NWRH on (07) 4652 7100 to speak to your local Exercise Physiologist. NWRH offers a wide range of allied health professionals who service communities across Central West Queensland. To obtain a referral or book an appointment please contact your local medical practice or health clinic.



19 Duck Street/PO Box 256, Longreach, Qld 4730 | t 07 4652 7100 | f 07 4658 3630 1800 799 244 | nwrh.com.au

Winter Warmer Recipe

Slow Cooker Sausage Curry

Ingredients

10 thick beef sausages - chopped to bite size pieces

2 small onions, sliced

2 cups frozen veggies (peas, corn & carrots preferably)

1 tin cream of chicken soup

1.5 cups beef stock liquid

1 tbsp gravy powder (dry) I used traditional gravy powder

1 tsp vegeta

3 tsp curry powder

3 tsp corn flour

1/2 tsp crushed garlic

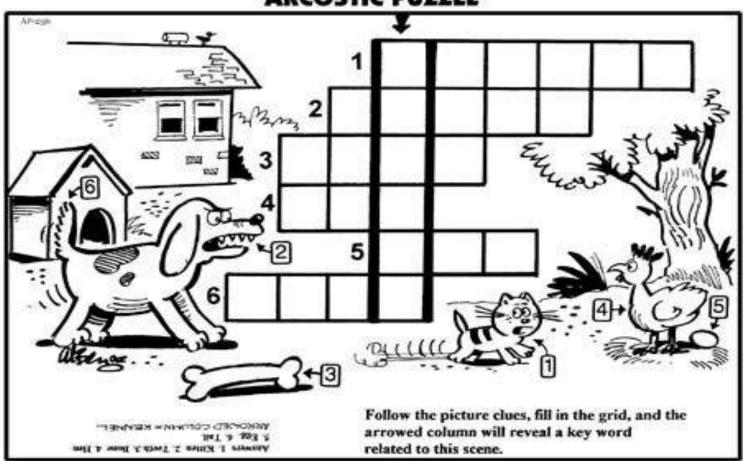
Directions

- 1. Place sausages in slow cooker and cover with chopped onion.
- 2. In a jug mix stock liquid and soup together with gravy powder, vegeta, curry powder and garlic.
- 3. Make a cornflour slurry and add to stock mixture and mix well.
- 4. Poor over sausages and cook on low for 6 hrs
- 5. Add 1 cup frozen veggies I hour before serving
- 6. Serve with rice or mash.

A simple & affordable dinner to warm you up during the cooler weather!



ARCOSTIC PUZZLE





6 JUNE

Celebrate what makes you a proud Queenslander.

Show your maroon pride this Queensland Day and celebrate what being a Queenslander means to you.



f queenslandday



(i) @queenslandday #qldday

For more on how to get involved, share your celebrations and win great prizes visit qld.gov.au/queenslandday

